



M·A·S·T·E·R Conference

Minimal Invasive Aesthetic Standardized Therapies for Excellent Results

FAT

Bochum, Germany - 27-29 November 2009

Conference Board (in alphabetical order)

President: Dr. Franz Hasengschwandtner, Austria

Ass. Prof. Dr. Falk Bechara, Germany / Dr. Justin Hao, Taiwan / Prof. Lilian Jessurun de Curiel, Mexico / Prof. Dr. Ulrich K. Kesselring, Switzerland / Prof. Dr. Hermann Liebermeister, Germany / Dr. Thierry Marechal, France / Dr. Bernard Mole, France / Dr. Shahin Nooreyzedan, India / Prof. Nor El-Din, Egypt / Dr. Mark Palmer, UK / Dr. Maria Petersson, Sweden / Dr. Linda Ptito, Canada / Dr. Rodrigo Sierra, Chile / Prof. Markus Steinert, Germany / Dr. Claudia van der Lugt, Netherlands / Dr. Ines Verner, Israel / Dr. Michael J. Weidmann, Germany / Dr. Linda Williams, Australia

General Information

Venue

Friday: Renaissance Hotel Bochum - Stadionring 18, 44791 Bochum, Germany

Saturday: Auditorium University Clinic Bochum - St. Josef-Hospital, Gudrunstr. 56, 44791 Bochum, Germany

Sunday: Renaissance Hotel Bochum - Stadionring 18, 44791 Bochum, Germany

Registration fees	
Members (2 days) The member's meeting on 27 November 2009 & the M.A.S.T.E.R.-Conference 2009 - FAT on 28 November 2009)	200 EUR
Non-Members (1 day) M.A.S.T.E.R.-Conference 2009 - FAT on 28 November 2009 only	200 EUR

Optional:

Members Dinner , on Friday 27 November 2009 (nearby Renaissance Hotel)	+ 60 EUR
Coal Mine Dinner , Bergbau Museum, Saturday 28 November 2009 (incl. shuttle bus)	+ 100 EUR
COSMEDICA – Ticket extension (3-Day ticket for the COSMEDICA Conference incl. exhibition and lectures)	+ 100 EUR

NOTE: The fees include all coffee breaks. Not included are the lunches.
The workshop fees you will find in the registration documents.

The M·A·S·T·E·R Conference is organized by:

NETWORK-Lipolysis • c/o lichtblick GmbH • Eschstrasse 4 • 48167 Münster • Germany
Managing Director: Ulrich Bunzek • Competent County Court: Münster, Germany • HRB 8088

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NETWORK-Lipolysis - International Members Meeting

(NETWORK Members only)

Preliminary Program (Subject to Change)

Friday, 27 November 2009

Renaissance Hotel Bochum - Stadionring 18, 44791 Bochum, Germany

Welcome

- 1.00 – 2.00 pm **Welcome and registration**
Venue: The exhibition hall of the Ruhr Congress Center
- 2.00 pm **Start of the Member's Meeting**
Venue: Renaissance Hotel, directly connected with the Ruhr Congress Center
- 2.00 - 2.10 pm **Words of welcome**
Dr. Franz Hasengschwandtner
Medical & Scientific Director NETWORK-Lipolysis

Part 1: NETWORK development

- 2.10 - 2.25 pm **Report about 2008 + 2009**
Ulrich Bunzek
Speaker NETWORK-Lipolysis
- 2.25 - 2.40 pm **Planning for 2010 + 2011**
Dirk Brandl
Speaker NETWORK-Lipolysis

Part 2: Therapy development

- 2.45 - 3.15 pm **Further development of the NETWORK protocols**
Dr. Franz Hasengschwandtner

Coffee Break & Audio-visual intermezzo

- 3.45 - 4.10 pm **Differentiation of FAT in the human body**
Prof. Dr. Manfred J. Müller, Germany
- 4.10 - 4.30 pm **Side effect management - Lipolysis**
n. n.
- 4.30 - 5.30 pm **Summary of scientific results in Lipolysis**
General - Ass. Prof. Dr. Lukas Prantl or Ass. Prof. Dr. Torsten Blunk
University of Regensburg
Lipomata - Dr. Falk Bechara
Ruhr University Bochum
Skin Tightening - Prof. Hanan Elkahky
Ain Shams University, Cairo.
- 5.30 - 6.00 pm **New standards in Aesthetic Mesotherapy**
Dr. Michael J. Weidmann and Dr. Thomas Zimmermann, Germany
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- 7.30 - 11.00 pm **Exclusive "MEMBER's Dinner" nearby the hotel (60 EUR per Person)**
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M·A·S·T·E·R Conference 2009 - FAT

Preliminary Program (Subject to Change)
Saturday, 28 November 2009

University Clinic Bochum - St. Josef-Hospital, Gudrunstr. 56, 44791 Bochum,
Germany

Welcome

- 8.00 - 9.00 am **Registration**
- 9.00 - 9.15 am **Words of welcome**
Dr. Franz Hasenschwandtner
Conference President
- 9.15 - 10.00 am **Basic lecture 1: FAT - Evidenced based science on fat cells**
Prof. Dr. Thomas Reinehr, Germany
- Fat cell structure
 - Differentiation of body fat
 - Depot building – fat as an organ of deposition and secretion
 - Clinical pictures of obesity and adiposity
- 10.00 - 10.20 am **Coffee break**
- 10.20 - 11.00 am **Basic lecture 2: Fat metabolism**
Prof. Dr. Manfred J. Müller, Germany
- Nutrition
 - Sports and other activities
 - Impact on other diseases
- 11.00 - 11.40 am **Basic lecture 3: Causes of adiposity - a multi symptom phenomenon**
Univ. Prof. Dr. Günter Steurer, Austria
- Addiction
 - Change of lifestyle conditions
 - Social problems
 - Psychic problems
 - Genetic disposition
- 11.40 - 12.20 am **Basic lectures 4: Therapy approaches**
Prof. Dr. Hermann Liebermeister, Germany
- Diets
 - Pharmaceuticals
 - Low Carb – Low fat discussion
 - Combination therapies
 - Surgical procedures
- 12.30 am – 2 pm **Lunchtime**

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Preliminary Program (Subject to Change)
Saturday, 28 November 2009

University Clinic Bochum - St. Josef-Hospital, Gudrunstr. 56, 44791 Bochum, Germany

- 2.00 - 2.30 pm** **Aesthetic treatments 1: Surgical procedures of fat reduction**
Prof. Dr. Ulrich K. Kesselring, Switzerland
- Liposuction
 - Abdominoplasty
 - Methods & Techniques
 - New developments
- 2.30 - 4.00 pm** **Aesthetic treatments 2: Semi invasive methods of fat reduction**
Part 1: Injection Lipolysis
Dr. Franz Hasengschwandtner, Austria
- History
 - Methods and techniques
 - Evidenced based science
 - Indications
- Part 2: Lipo-Lasers**
Dr. Joshua Berkowitz, UK
- Methods and techniques
 - Risks
 - Market overview of devices
- 4.00 - 4.20 pm** **Coffee break**
- 4.20 - 5.10 pm** **Aesthetic treatments 3:
Non- and minimal invasive methods of fat reduction**
- Ultrasound - **Dr. Markus Steinert, Germany**
 - Radiofrequency - **Drs. Claudia van der Lugt, Netherlands**
 - Carboxytherapy - **n. n.**
 - Combination devices - **n. n.**
- 5.10 - 6.00 pm** **Aesthetic treatments 4 - combination therapies of fat reduction**
- IL and liposuction - **n. n.**
 - IL and ultrasounds - **Drs. Claudia van der Lugt, Netherlands**
 - IL and skin retraction with radiofrequency - **Drs. Claudia van der Lugt**
 - IL and lipolaser - **Dr. Thierry Marechal, France**
 - Face composition – IL and Botulinum toxin A, Filler, Mesotherapy, Laser, Peelings - **n. n.**
- 6.00 – 6.15 pm** **Words of good-bye**
Dirk Brandl
Speaker NETWORK-Lipolysis
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- 7.30 – 11.30 pm** **Exclusive Coal Mine Dinner** in the restaurant of the “Coal Mine MUSEUM Bochum” (Shuttle bus from Renaissance Hotel at 07.15 pm)
At a self cost price of 100,- EUR p. p. / Please register early
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NETWORK-Lipolysis / NETWORK-Globalhealth

Workshops / Courses

Preliminary Program (Subject to Change)

Sunday, 29 November 2009

Renaissance Hotel Bochum - Stadionring 18, 44791 Bochum, Germany

Workshops (see registration documents for fees)

Room 1

9:00 am – 5:00 pm

Workshop – Advanced Course on Injection Lipolysis (NETWORK members only)

CIM Drs. Claudia van der Lugt, MD, The Netherlands

Part I: Theory

Difficult treatment areas • Advanced techniques for special regions • New mixtures • Combination treatments • Complications

Part II: Practical demonstrations on 3-5 patients

Room 2

9:00 am – 5:00 pm

Workshop – Introduction to Injection-Lipolysis Therapy

MR Franz Hasengschwandtner, MD

Part I: Theory

Injection-Lipolysis training

The use of Phosphatidylcholine in history and today's treatments • The use of PPC in aesthetic treatments • PPC molecular science • Science based protocols: Injection depth, injection distance, treatment intervals, maximum dosage • The combination of PPC with NETWORK developed additive • Side effects and contraindications • Regions and Dosages • Introduction to multiinjector techniques • Combination therapies • After care

Part II: Practical demonstrations on 3-5 patients

Room 3

9:00 am – 3:00 pm

Workshop - Aesthetic Mesotherapy

Michael J. Weidmann, MD, Germany, Dermatologist

Thomas Zimmermann, MD, Germany, Dermatologist

Part I: Theory

Mesotherapy in the aesthetic field • Mesotherapy – personal experience contra science based studies • Injection techniques • Auxiliaries and mixtures: Needles, multiinjectors, guns, unchained hyaluronic acids, vitamins
The new treatment protocol of the NETWORK-AestheticMeso

Part II: Practical demonstrations on 2-3 patients